



St. Vincent College
(Affiliated to Savtribai Phule Pune University)
Pune -411037

Title of the Event	100 People Project: A visit to Prem Niwas-Home for the Aged		
Date of the Event	1st of February 2025	Place of the event	Prem Niwas – Home for the Aged, Pune
Objectives of the Event	The visit aimed to foster intergenerational empathy, raise awareness about the social and emotional challenges faced by elderly citizens, and encourage students to engage in compassionate service by offering companionship and practical support to residents of Prem Niwas.		
Name/s of the Resource Persons	Dr. Gilbi John		
A short narration of the program			
The “100 People Project”: Outreach Visit to Prem Niwas – Home for the Aged In commemoration of the centenary of the All India Catholic University Federation (AICUF), the AICUF unit of St. Vincent College initiated the “100 People Project”, a series of outreach engagements aimed at fostering social responsibility and compassionate action among students. As part of this initiative, a visit was organized to Prem Niwas – Home for the Aged on 1st February 2025. Eighteen AICUF student volunteers participated in the visit with the primary objectives of: • Building meaningful intergenerational connections, • Promoting empathy and awareness of the psychosocial challenges faced by elderly citizens, • Encouraging a spirit of service and solidarity among the youth, and • Bringing joy and companionship to the residents through active engagement. The program commenced with warm introductions that facilitated rapport between the students and residents. This was followed by a series of interactive activities, including group singing and light-hearted games, which were met with enthusiastic participation from the elderly. Many residents fondly shared songs and stories from their youth, creating a deeply enriching and reciprocal exchange of memories and emotions. In addition to emotional and social support, the AICUF team extended practical assistance by donating essential food items such as fresh fruits and nutritious biscuits, thereby contributing to the residents’ well-being.			



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The visit concluded on a poignant note, with both students and residents expressing reluctance to part ways. Several students voiced a strong desire to return, reflecting the genuine bonds formed during the engagement. Post-visit reflections highlighted a heightened sense of gratitude, humility, and social consciousness among the participants.

This outreach not only fulfilled its intended objectives but also reaffirmed the transformative power of compassionate presence. It stands as a testament to St. Vincent College's commitment to nurturing socially aware, empathetic, and service-oriented leaders. The AICUF unit looks forward to sustaining and expanding such initiatives in alignment with the college's mission of holistic and value-based education.

Name of the Collaborating Agency	Prem Niwas & AICUF
Learning Outcomes of the Event for the Participants	Students developed a deeper sense of social responsibility and emotional sensitivity through direct interaction with senior citizens; they also learned the value of active listening, presence, and small acts of kindness in enhancing the well-being of marginalized groups.
Learning Outcomes for the Organizing team	The AICUF organizing team strengthened its capacity to design and implement meaningful community outreach initiatives, deepened its understanding of geriatric care needs, and reinforced the integration of service, reflection, and solidarity within student leadership formation.
No. of Participants	18 AICUF members
Faculty in Charge	Dr. Gilbi John (AICUF Co-ordinator)
Documents Attached	1. Attendance Sheet 2. Geotag photographs 3. Resume of resource persons if any 4. Copy of remuneration paid if any 5. Notice of the event 6. Thank you letter to the resource persons



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Photographs





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 **GPS Map Camera**



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