



**St. Vincent College**  
**(Affiliated to Savtribai Phule Pune University)**  
**Pune -411037**

Title of the Event	Garbha workshop		
Date of the Event	29th and 30th September 2025	Place of the event	St. Vincent College
Objectives of the Event	To introduce students to the traditional Gujarati folk dance Garbha as a means of cultural education, promote intercultural understanding, and foster community spirit by connecting participants with the dance's symbolic, devotional, and collective dimensions.		
Name/s of the Resource Persons	_____		
A short narration of the program			
<p>Garbha workshop</p> <p>A two-day Garbha workshop was organized at St. Vincent College, Pune, on 29th and 30th September 2025, aimed at introducing students to the traditional Gujarati folk dance form and fostering a deeper appreciation for India's cultural heritage. The workshop was designed not merely as a dance session but as an experiential learning opportunity to connect students with the cultural and communal spirit embedded in Garbha—a dance historically performed during Navratri to celebrate the divine feminine and community togetherness. The primary objective of the workshop was to create a space where students, many of whom had little or no prior exposure to Garbha, could learn its basic steps, rhythms, and circular formations in a supportive environment. Beyond technique, emphasis was placed on understanding the cultural context of the dance—its symbolism, its role in fostering unity, and its expression of joy, devotion, and collective celebration. In a college setting that values inclusivity and holistic development, the workshop also served as a platform to promote intercultural awareness, encourage participation across gender and regional backgrounds, and nurture a sense of shared cultural identity among the student community.</p> <p>Over the two days, participants engaged in guided practice sessions led by experienced instructors, gradually building confidence in their movements and coordination. The sessions concluded with a small informal presentation where students performed together, reflecting the spirit of collaboration and cultural immersion. Feedback from participants highlighted not only their enjoyment of the dance but also a renewed interest in exploring other traditional art forms. By integrating cultural education with active participation,</p>			



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the workshop successfully aligned with the college's broader goal of nurturing well-rounded individuals who value and carry forward India's rich artistic traditions.	
Name of the Collaborating Agency	_____
Learning Outcomes of the Event for the Participants	Students gained foundational skills in Garbha's movements and rhythms, developed an appreciation for its cultural and spiritual significance, and experienced the unifying power of traditional art—sparking interest in exploring India's diverse performing arts heritage.
Learning Outcomes for the Organizing team	The organizing team enhanced their ability to design and deliver inclusive, experiential cultural programs that bridge artistic practice with educational values, while reinforcing the role of traditional arts in building campus cohesion and holistic student development.
No. of Participants	80 Participants and faculty members
Faculty in Charge	Mrs. Archana Nair
Documents Attached	<ol style="list-style-type: none"><li>1. Attendance Sheet</li><li>2. Geotag photographs</li><li>3. Resume of resource persons if any</li><li>4. Copy of remuneration paid if any</li><li>5. Notice of the event</li><li>6. Thank you letter to the resource persons</li></ol>