



St. Vincent College
(Affiliated to Savtribai Phule Pune University)
Pune -411037

Title of the Event	Sports Week Inter-House Sports competitions – January 2025		
Date of the Event	21st to 27th January 2025	Place of the event	St. Vincent College of Commerce, Pune
Objectives of the Event	The Inter-House Sports Week (21st–27th January 2025) aimed to foster healthy competition, strengthen house identity, and promote physical fitness among students through structured participation in diverse sporting events such as throwball, badminton, tug of war, and discus throw. It sought to reinforce values of teamwork, discipline, and sportsmanship within the framework of the college’s Annual Sports Programme.		
Name/s of the Resource Persons	Prof. Ignatius Peter		

A short narration of the program

Sports Week Inter-House Sports competitions – January 2025

From 21st to 27th January 2025, St. Vincent College of Commerce hosted a dynamic and action-packed Inter-House Sports Week, bringing together students from all four houses—Red, Green, Blue, and Yellow—in a spirited celebration of athleticism, teamwork, and institutional unity. This dedicated week formed a pivotal segment of the college’s broader Annual Sports Programme and was designed to intensify house-based engagement through a concentrated series of competitive and inclusive sporting events.

Held across the college’s outdoor grounds and indoor facilities, the week featured a curated mix of track and field athletics, team sports, and skill-based games, ensuring opportunities for diverse talents and interests. The athletics component included standard events such as the 100m and 200m sprints, 4×100m relay races, long jump, high jump, shot put, and discus throw, the latter two added to broaden technical participation and align with national athletic standards. These events tested speed, strength, precision, and endurance, with students representing their houses with discipline and determination.

In addition to individual athletic contests, the week incorporated team-oriented and collaborative activities. Tug of War was introduced as a highlight event, emphasizing collective effort, coordination, and unity—values central to the college’s sporting philosophy. Matches in throwball (girls) and badminton (boys and



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girls, doubles format)—already part of the annual sports calendar in January—were conducted during this week, drawing enthusiastic participation and showcasing strategic play, agility, and sportsmanship.

All competitions adhered to standardized rules and were supervised by the Physical Education faculty and trained student volunteers. Emphasis was consistently placed not only on performance but also on fair play, mutual respect, and ethical conduct, reinforcing the college's commitment to character development alongside physical excellence. The house system fostered a strong sense of belonging, with students actively supporting their peers through cheers, coordination, and shared responsibility.

The Inter-House Sports Week served as more than just a competitive platform; it was a vital co-curricular initiative that promoted physical fitness, leadership, collaboration, and emotional resilience among students. By concentrating multiple events into a single, high-energy week, the college successfully sustained momentum in its annual sports calendar while deepening inter-house camaraderie and institutional pride.

This focused week of activity exemplified St. Vincent College's holistic educational vision—where sport is not ancillary but integral to the formation of well-rounded, confident, and socially aware individuals. Through meticulous organization, inclusive participation, and value-driven execution, the Inter-House Sports Week 2025 stood as a significant milestone in the college's ongoing commitment to excellence in co-curricular development.

Name of the Collaborating Agency	Sports committee of St. Vincent College
Learning Outcomes of the Event for the Participants	Students developed physical coordination, strategic thinking, and collaborative skills through active involvement in both team-based and individual events. They also cultivated resilience, mutual respect, and a sense of belonging by representing their respective houses with responsibility and enthusiasm.
Learning Outcomes for the Organizing team	The organizing team enhanced their capabilities in logistical planning, event scheduling, and on-ground coordination across multiple sports disciplines. They also gained valuable experience in promoting inclusive participation and upholding ethical standards in competitive co-curricular activities.
No. of Participants	100+ Students of St. Vincent College
Faculty in Charge	Prof. Ignatius Peter & Dr. Milind Gaikwad



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Documents Attached	1. Attendance Sheet 2. Geotag photographs 3. Resume of resource persons if any 4. Copy of remuneration paid if any 5. Notice of the event 6. Thank you letter to the resource persons
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