

Faculty Profile: Rupali Nawale

Assistant Professor of Psychology | Department of Psychology

1. Basic Information

Name of the Faculty Member: Rupali Nawale

Current Designation: Assistant Professor of Psychology

Department: Psychology

Qualification: Ph.D. Scholar (SPPU, 2022-present), M.A. in Clinical Psychology (SPPU, 2018-2020, 9.63 CGPA), B.A. Psychology (Nowrosjee Wadia College, 77.6%)

Institutional Email ID: rupalinawale123@gmail.com

Profile Photograph: Not specified in source

2. Academic Details

Specialisation: Clinical Psychology, Positive Psychology, Counselling, Child Psychology, Research Methodology

Teaching Experience: St. Vincent College, Pune (Assistant Professor of Psychology, July 2025–Present); Indian School Psychology Association - InSPA (Development Volunteer / SME, March 2025–Present); Vishwakarma University, Pune (Assistant Professor of Psychology, Aug 2021–Jan 2024, Head of Student Support and Progression in IQAC); Dr. D.Y. Patil Arts, Commerce & Science College, Pune (Assistant Professor, Jan 2021–May 2021); Samyak Mental Health Care and De-Addiction Center (Intern, Feb–Mar 2020).

Subjects Taught:

- Introduction to Psychology
- Life Skills
- Positive Psychology
- Experimental Psychology
- Consumer Psychology
- Research Methodology
- Statistics
- Psychodiagnostics
- Qualitative Research

Research Interests: Mental health research, Clinical psychology, Counselling, Child psychology, Positive psychology

3. Research and Publications

Research Papers Published:

- Kumar, K., et al. (2023). "A study on perception and preferences towards green marketing..." Journal of Informatics Education and Research.
- Ahmad, A., et al. (2022). "Empowering scientific temper through cognitive learning..." International Journal of Early Childhood Special Education.
- Kavitha, N., et al. (2022). "A study on parenting stress and coping strategies..." Neuroquantology.
- Nawale, R., & Bhosale, I. (2022). "Effect of gratitude on emotional intelligence, spiritual well-being..." International Journal of Current Research.

Books and Chapters Published:

- Associate Editor in International ISBN Edited Book titled "Contemporary Issues in Multidisciplinary Subjects, Volume-3" (Red'shine Publication, ISBN: 978-93-93239-58-7).
- Authored multiple book chapters published by Red'shine Publication Pvt. Ltd. (2022).

Conferences, Seminars and Workshops Attended: Presented research papers at 6+ National and International Conferences (Positive Psychology Association, Kristu Jayanti College, Chhatrapati Shivaji Mahavidyalaya, etc.).

Awards and Recognitions:

- Honored with the Research Award and letter of appreciation by Vishwakarma University for outstanding academic research and publication contributions.

Resource Person: Conducted expert sessions on Mental Health Awareness, NET Exam Preparation for Psychology, and Competitive Exams/Mental Health for MPSC aspirants.

4. Professional Development

Faculty Development Programmes (FDPs) and Training Programmes: Professional Cognitive Behavioural Therapist (2025), UGC NET 2020, MH-SET 2021, Counselling Skills Course (Christian Counselling Centre, Vellore).

Professional Memberships: Indian School Psychology Association (InSPA) Development Volunteer.

Certifications, if any: Professional Cognitive Behavioural Therapist (2025), UGC NET (2020), MH-SET (2021), Counselling Skills Course.

5. Institutional Contributions

Roles and Responsibilities in the College: Head of Student Support and Progression in IQAC (Vishwakarma University); Academic Administration; NAAC Committee & Student Development Committee member (Dr. D.Y. Patil College); Supervising student research projects and dissertations.

Committee Memberships: IQAC (Head of Student Support and Progression), NAAC Committee, Student Development Committee.

Student Mentoring and Extension Activities: Student academic mentoring, career guidance, mental health counselling, and research supervision.

6. Academic Links (if available)

Academic Links / Profiles: LinkedIn: www.linkedin.com/in/rupalinawale